


EL CAMINO CHURCH  
VBS 2020



**WILDERNESS**  
**ESCAPE**

WHERE GOD GUIDES & PROVIDES



Mo



## DAY 1

**Bible Point:** God is with us, so...  
*trust God!*

**Key Verse:** "God answered, 'I will be with you.'" (Exodus 3:12)

**Bible Story:** The Israelites cross the Red Sea. (Exodus 14:1-15:21)

# Moses' Tent



HUMPHREY



## DAY 2

**Bible Point:** God gives us what we need, so...*trust God!*

**Key Verse:** "For your Father knows exactly what you need even before you ask him!" (Matthew 6:8)

**Bible Story:** God provides manna and quail. (Exodus 16)

CHASE



## DAY 3

**Bible Point:** God gives us strength, so...  
*trust God!*

**Key Verse:** "For I can do everything through Christ, who gives me strength." (Philippians 4:13)

**Bible Story:** Israel defeats the Amalekites. (Exodus 17:8-16)

ISAAC



## DAY 4

**Bible Point:** God saves us, so...  
*trust God!*

**Key Verse:** " 'For I am with you and will save you,' says the Lord." (Jeremiah 30:11)

**Bible Story:** Moses remembers Passover. (Exodus 12:1-30)

ROCKY



## DAY 5

**Bible Point:** God guides us, so...  
*trust God!*

**Key Verse:** "I will bless the Lord who guides me." (Psalm 16:7)

**Bible Story:** God gives the Ten Commandments. (Exodus 20)





# THESE 10 COMMANDMENTS SHOW HOW MUCH GOD LOVES YOU!

## God said...

1. I AM THE LORD YOUR GOD...YOU MUST NOT HAVE ANY OTHER GOD BUT ME.
2. YOU MUST NOT MAKE FOR YOURSELF AN IDOL.
3. YOU MUST NOT MISUSE THE NAME OF THE LORD YOUR GOD.
4. REMEMBER TO OBSERVE THE SABBATH DAY BY KEEPING IT HOLY.
5. HONOR YOUR FATHER AND MOTHER.
6. YOU MUST NOT MURDER.
7. YOU MUST NOT COMMIT ADULTERY.
8. YOU MUST NOT STEAL.
9. YOU MUST NOT TESTIFY FALSELY AGAINST YOUR NEIGHBOR.
10. YOU MUST NOT COVET.

## That means...

1. Worship only God.
2. Keep God first in your life.
3. Respect God's name.
4. Keep one day of the week to rest and worship God.
5. Obey and respect your parents.
6. Don't kill or hurt others.
7. Husbands and wives should stay true to each other.
8. Don't take what isn't yours.
9. Tell the truth.
10. Be thankful for what you have, instead of wanting more.



## All Week—Sand Art

The study of sand is called arenology.

Sand is an example of a class of materials called granular matter. Sand is finely divided rock, with particles ranging in size from 1/16 mm to 2 mm. These particles are called grains of sand. The next smaller size in geology is called silt. The next larger size above sand is called gravel.

Sand was used as early as 6000 B.C. to grind and polish stones and to make sharpened tools. The stones were rubbed on a piece of wetted sandstone to hone the cutting edge. The first beads with a glass glaze appeared in Egypt in about 3500 to 3000 B.C. The glass was made by melting sand.

### Sand Drip Bowl

1. Wrap the outside of a disposable plastic bowl in plastic wrap. Smooth out all the wrinkles and bumps. Push the ends of the plastic wrap into the inside of the bowl.
2. Place your bowl upside down on a piece of cardboard wrapped in tin foil, or another surface that can be easily cleaned and left alone for five days. Using a covered item allows the glue and sand to stick to it, dry on and easily peel off.
3. In the second bowl, mix together the glue and the sand until you have a consistency that is thick but you can easily pour.
4. Pour the glue mixture over the bowl. Don't worry about it being completely even, we want uneven layers. Allow to dry overnight.
5. Repeat steps 3 and 4 for the next three days. You can add food coloring to your mix to change the color of the sand. Allow it to dry overnight each time.
6. On the fifth day, lift the bowl and carefully pull the sand bowl and plastic wrap off. Peel the plastic wrap out of the center of the sand bowl. Use scissors to cut away any jagged edges on your sand bowl.

These bowls are decorative only. Please do not eat out of them.



#### **Supplies:**

- \* 2 disposable bowls
- \* plastic wrap
- \* sand
- \* liquid glue
- \* food coloring
- \* craft sticks
- \* tin foil wrapped cardboard



## Day One—Butter Churning

Butter is mentioned in the Bible as early as the book of Genesis. According to some Bible translations, butter was one of the items Abraham served to the three angels who appeared to him as men (Genesis 18:8).

Butter in Bible times was probably made in much the same way it's made by present-day rural Arabs and Syrians. Milk from a camel, cow, sheep, or goat was poured into a holder made of animal skin. The skin was then suspended between two poles and swung back and forth until the butter or curds thickened.



### **Supplies:**

- \* butter jar
- \* heavy cream
- \* permanent marker

## Making a Bit of Butter

1. Have your child write their name on their jar with permanent markers.
2. Decorate the jar with markers.
3. Pour chilled cream into your butter jar, to about a third full.
4. Screw on the cap and shake the jar—the cream will eventually turn into soft, fresh butter. This may take about 5 minutes. Keep at it! (The cream will first turn to thickened buttermilk, then to soft butter.) Enjoy on the herb bread on the following page!



**GOD IS WITH US, SO...  
TRUST GOD!**





## Day One—Bread and Butter

Bread was the main source of nourishment in biblical times and making bread was a daily activity.

Bread was sometimes enriched by the addition of flour from legumes (Ezekiel 4:9). The Bible mentions bread dough made with fruit juice instead of water. The sugar in the juice, interacting with the flour and water, provided some leavening and sweetened the bread. The Israelites also sometimes added fennel and cumin to bread dough for flavor, and dipped their bread in vinegar, (Ruth 2:14) olive or sesame oil for extra flavor.

Use your butter that you made for your craft to smear all over your bread!

### Making a Herb Bread

1. Preheat oven to 350°. In a large bowl, whisk together flour, sugar, baking powder, salt, nutmeg and thyme. In another bowl, whisk together egg, milk and oil. Add to flour mixture; stir just until moistened.
2. Transfer to a 9x5-in. loaf pan coated with cooking spray. Bake until a toothpick inserted in center comes out clean, 40-50 minutes. Cool in pan 10 minutes before moving to a wire rack to cool.

<https://www.tasteofhome.com/recipes/herb-quick-bread/>



### **Ingredients:**

- 3 cups all-purpose flour
- 3 Tbs sugar
- 1 Tbs baking powder
- 1/2 tsp salt
- 1/2 tsp ground nutmeg
- 1/2 tsp dried thyme
- 1 large egg
- 1 cup fat-free milk
- 1/3 cup oil of your choice

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TRUST GOD!**



# Holy Is The Lord

By Chris Tomlin and Louie Giglio

We stand and lift up our hands  
For the joy of the Lord is our strength  
We bow down and worship Him now  
How great, how awesome is He  
And together we sing

Everyone sing

Holy is the Lord God Almighty  
The earth is filled with His glory  
Holy is the Lord God Almighty  
The earth is filled with His glory  
The earth is filled with His glory  
The earth is filled with His glory  
We stand and lift up our hands  
For the joy of the Lord is our strength  
We bow down and worship Him now  
How great, how awesome is He  
And together we sing

Everyone sing

Holy is the Lord God Almighty  
The earth is filled with his glory  
Holy is the Lord God Almighty  
The earth is filled with His glory  
The earth is filled with His glory

It's rising up all around

It's the anthem of the Lord's renown

It's rising up all around

It's the anthem of the Lord's renown

And together we sing

Everyone sing

Holy is the Lord God Almighty  
The earth is filled with His glory  
Holy is the Lord God Almighty  
The earth is filled with His glory  
The earth is filled with His glory  
The earth is filled with His glory  
Yes, the earth is filled with His glory



## Day Two—Sandal Stitching

Sandals were known very early in biblical history. Abram mentioned sandals in his conversation with the king of Sodom: “Abram replied to the king of Sodom, ‘I solemnly swear to the Lord, God Most High, Creator of heaven and earth, that I will not take so much as a single thread or sandal thong from what belongs to you. Otherwise you might say, “I am the one who made Abram rich””’ (Genesis 14:22-23).



Sandals were even part of a Bible-times miracle! During their 40-year journey in the wilderness, the Israelites’ clothing and sandals miraculously didn’t wear out (Deuteronomy 29:5)!

### Making Simple Sandals

1. Place one right foot and one left foot in front of you. Apply a liberal amount of glue all over the foam feet.
2. Taking the two 1x8 inch strips, lay one strip in the middle of the foam foot near the arch, and one strip approx. 1 inch from the top of the foam foot near the toes.
3. Take the second right foot and left foot and place on top of the matching feet, sandwiching the long strips in between the two foam feet.
4. Holding the piece of yarn and starting from the two top holes, weave through them, crossing before threading the yarn through the second set of holes on the second strip. Wrap the yarn around the ankle and tie in front.

#### **Supplies:**

- \* 4 foam cutouts (2 left feet and 2 right feet)
- \* 4- 1x8 inch strips of foam with holes punched into each end
- \* 2 yards of yarn
- \* liquid glue



**GOD GIVES US WHAT WE NEED,  
SO... TRUST GOD!**





## Day Two—Sandy Sandal Snacks

Sandals were first worn by ancient Egyptians which were made of papyrus and palm leaves. Ancient Egyptian queens wore bejeweled sandals. The Greeks created several different types of sandals and transformed shoemaking into an art. Owning sandals was a symbol of affluence and not everybody could afford them. The higher on their legs the straps of the sandals went, the more wealth and prosperity that individual had.

In the ancient civilizations of the Middle East the sand was so hot that the simple leather sandals weren't enough protection. They ended up having to put wooden short stilts on the bottom to elevate their feet.



### **Ingredients:**

- 2 “Lady Fingers” sandwich cookies
- 2 gummy worms

### Making Sandy Sandals

1. Take two sandwich cookies. They can be ‘Lady Fingers’ or ‘Nutter Butters’, something that has an elongated shape.
2. Cut each gummy worm 2/3 of the way down the middle. Pull them slightly apart to form the strap of the shoe.
3. Place the gummy worm onto each shoe and create your Sandy Sandal Snack!



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# This Is How We Overcome

By Reuben Morgan

Your light broke through my night

Restored exceeding joy

Your grace fell like the rain

And made this desert live

You have turned

My mourning into dancing

You have turned

My sorrow into joy

Your hand lifted me up

I stand on higher ground

Your praise rose in my heart

And made this valley sing

You have turned

My mourning into dancing

You have turned

My sorrow into joy

You have turned

My mourning into dancing

You have turned

My sorrow into joy

This is how we overcome (8x)

You have turned

My mourning into dancing

You have turned

My sorrow into joy

You have turned

My mourning into dancing

You have turned

My sorrow into joy

My sorrow into joy



## Day Three—Tambourines

Tambourines are featured in the Bible as instruments used to worship God. In fact, a tambourine was used after God miraculously led the Israelites through the Red Sea! Here's what Exodus 15:20 says: "Then Miriam, the prophet, Aaron's sister, took a tambourine and led all the women as they played their tambourines and danced. Miriam sang this song, 'Sing to the Lord, for he has triumphed gloriously; he has hurled both horse and rider into the sea.'"



God's people often praised God with music. Among the instruments mentioned in the Bible are harps, lyres, cymbals, tambourines, flutes, shofars, and trumpets.

### **Supplies:**

- \* plastic hoop
- \* 10 feet of yarn
- \* 10 feet of cord
- \* 6 bells
- \* 6 pom poms
- \* liquid glue

### Making Music Tambourines

1. Wrap your yarn and cord around your hoop, about 1/6 of the way. Add a bell onto the yarn or cord and continue to wrap the hoop. Wrap another 1/6 of the hoop and string another bell onto the yarn or cord. Continue this pattern until all six of your bells are strung onto the yarn or cord and wrapped around your hoop.
2. Tie your ends together and use glue to secure the knot to the hoop.
3. Glue pom poms around the edge of the tambourine for decoration.



**GOD GIVES US STRENGTH,  
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## Day Three—Moses Mix

Trail mix has been eaten by Native Americans for thousands of years, and originally included buffalo meat.

We know from the Bible that there was simply nothing to eat in the desert. The children of Israel, including Moses, were sustained by the daily fall of Manna, and for a few days out of the 40 years, by a swarm of quail that arrived to provide meat in their diet.

### Making Moses Mix

Look up the scriptures to find out what you need to make your own trail mix. Remember to have a parent help you when using the stove.

In a pan on low heat, melt 2 tablespoons of the first word in **Isaiah 7:15**. Stir in 2 tablespoons of **Proverbs 24:13**.

Add:

- 1 cup **Exodus 25:33**.
- 1 cup **Genesis 43:11** (second to last word).
- 1/4 cup **Luke 8:11**

Stir constantly to avoid burning. Remove mix from heat when fragrant, about 6–8 minutes. Pour into bowl and let cool. Break apart mixture and stir in 1 cup of **1 Samuel 30:12** (second item listed). Keep in a covered container.

Spice it up with these regional spices: Salt, Cinnamon, Mint, Cumin or Coriander



### **Ingredients:**

- 2 Tbs butter
- 2 Tbs honey
- 1 cup almonds
- 1 cup shelled pistachios
- 1/4 cup sunflower seeds
- 1 cup raisins
- optional: chocolate candies



**GOD GIVES US STRENGTH,  
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# God Will Guide Us

By Jay Stocker

So many years, so many trials  
God has been with us through them all  
He gives us strength  
Through His power  
He will never let us down  
And we sing  
Oh, God will guide us  
Oh, He will provide for us  
Through the wilderness  
He will deliver us  
Oh, hey!  
So many years, so many trials  
God has been with us through them all  
He gives us strength  
Through His power  
He will never let us down  
And we sing  
Oh, God will guide us

Oh, He will provide for us  
Through the wilderness  
He will deliver us  
Oh, hey!  
He's done it before, He'll do it again  
He is faithful, He is faithful  
He's done it before, He'll do it again  
He is faithful, He is faithful  
He's done it before, He'll do it again  
He is faithful, He is faithful  
He's done it before, He'll do it again  
He is faithful, He is faithful  
He's done it before, He'll do it again  
He is faithful, He is faithful  
Oh, God will guide us  
Oh, He will provide for us  
Through the wilderness  
He will deliver us  
Oh, hey! Oh, hey! Oh, hey!

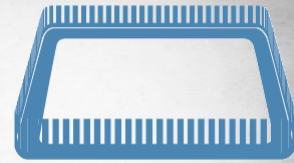
## Day Four—Bookmark Weaving

Jewish weavers produced a variety of textures. The coarser kinds, such as tent cloth, sack cloth, and the “hairy garments” were made of goat’s or camel’s hair (Exodus 26:7; Matthew 3:4). Wool was used for ordinary clothing, while flax was used for finer work, described in the Bible as “linen” and “fine linen.” Hand looms were probably used to produce the most delicate fabrics.

Mention of looms and weaving are found in Scripture. For example, we read of the loom “shuttle” (Job 7:6; Judges 16:13-14) and the “weaver’s beam” (1 Samuel 17:7; 2 Samuel 21:19).

### Weaving Yarn Into Bookmarks

1. Get a piece of cardboard for the “loom.” Any size will do, but ours was about 3×8 inches. Using scissors, make cuts along two opposite edges, about 1/2 inch apart.
2. Take the yarn, and tape the end to the back of the cardboard, then fitting the yarn into the notches, wrap the yarn around the cardboard. You want to wrap around the cardboard tab, then string across to the other side and wrap around the opposite side’s tab until you have filled each notch.
3. Take a length of yarn and tape one end to the back of the cardboard loom. The other end will be threaded through the loom.
4. Now start threading the yarn in an over under pattern, back and forth across the loom.
5. When you run out of thread, you can continue with a different color by tying the new thread to the end of the previous thread.
6. Once done, turn over the cardboard, and take off the pieces of tape.
7. Gently pull the loops of yarn over the tabs along one side of the weaving. Repeat on the other side of the loom.
8. Gently pull the loops of yarn that were on the tabs, one at a time, so you can tighten down the edges of the weaving.
9. Now tie a knot around each of the four loose ends, then cut off the extra threads of yarn. Finished!



#### **Supplies:**

- \* 3×8 inch cardboard “loom” with 1/2” apart notches on each side
- \* ball of yarn
- \* tape



**GOD SAVES US,  
SO... TRUST GOD!**





## Day Four—Bronze Snake Snack

The bronze snake that God told Moses to make as recorded in Numbers 21:8-9 “Then the LORD said to Moses, ‘Make a fiery snake and set it on a pole; and it shall be that everyone who is bitten, when he looks at it, shall live.’ So Moses made a bronze snake and put it on a pole; and so it was, if a snake had bitten anyone, when he looked at the bronze snake, he lived.”

The serpent on the pole is a foreshadowing of Jesus upon the Cross. All that look to Him and accept Him as their savior shall receive eternal life!



### **Ingredients:**

- 1 prepackaged Rice Crispy Treat
- 2 mini M & M's
- 1 pretzel rod

## Creating the Bronze Snake Snack

1. Unwrap the Rice Crispy Treat. If you feel adventurous, you can make your own Rice Crispy Treats. You will need butter, marshmallows and rice cereal. ([https://www.ricekrispies.com/en\\_US/recipes/the-original-treats-recipe.html](https://www.ricekrispies.com/en_US/recipes/the-original-treats-recipe.html)) Take the treat and roll it out till it is a long snake-like shape. Use parchment paper if the treat is too sticky.
2. Take your Rice Crispy snake and wrap it around the pretzel rod.
3. Place the mini M & M's into the end of the Rice Crispy snake to form the eyes.



**GOD SAVES US,  
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# Shalom

Shalom, chaverim, shalom, chaverim

Shalom, shalom

Till we meet again

Till we meet again

Shalom, shalom

*(Repeat whole song 4 times)*

Shalom, shalom, shalom, shalom



## Day Five—Camel Caravan Bell

The Israelites probably brought herds of cattle, goats, sheep, and other animals with them from Egypt. And while traversing the desert wilderness, they most likely would have run into gazelles, antelope, lizards, snakes, and scorpions.

Owners of camels often put ornaments on their favorite animals. Often, crescent-shaped ornaments were sewn on red cloth and made a jingling sound as the camel walked.



### **Supplies:**

- \* caravan bell
- \* plastic lacing
- \* various beads

## Camel Caravan Bell Necklace

1. Cut a length of lacing, long enough to wear the bell as a necklace or bracelet. String the lacing through the hole on top of the bell. Then tie a knot above the bell to hold it in place.
2. String beads onto both ends of the lacing as further decoration. Tie a small knot after the last bead on each side to hold the beads in place.
3. Wear the camel bell as a necklace or bracelet, tie it to a backpack, or hang it on a wall at home.



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## Day Five—Burning Bush Cupcakes

Moses fled to Midian, where he married Jethro's daughter, Zipporah. The old Pharaoh died and the Israelites cried loudly. God heard him. One day Moses was tending his father-in-law's sheep and came to Mount Horeb. God's angel made a bush burn with fire, but it did not burn up. When he came near, God spoke to him and ordered him to remove his shoes as he was on holy land. God commanded him to be a leader for the Israelites and bring them out of Egypt.



### **Ingredients:**

- 24 ice cream cones
  - 1 vanilla cake recipe (homemade or boxed mix)
  - 4 cups vanilla icing
  - orange food coloring
  - yellow food coloring
  - star-tipped piping bag
1. Preheat oven to 350° F. Line a baking sheet with foil and stand ice cream cones upright on the baking sheet.
  2. Prepare cake mixture per package or recipe directions. Pour batter into ice cream cones, filling them 2/3 full.
  3. Bake for 15–18 mins or until cakes are golden brown on top. Remove from oven and allow cakes to cool completely.
  4. To make the frosting, tint half of the icing orange and the other half yellow. Fill one side of the piping bag with orange icing and the other side with yellow icing. Twist the top of the bag tightly to push icing to the tip.
  5. To ice the cupcakes, evenly squeeze icing out of the bag starting in the middle of the cone and work outwards around the edge twice, ending in the middle. As you pipe, the orange and yellow icing will combine to create a flame-colored swirl.



**GOD GUIDES US,  
SO... TRUST GOD!**





# I Will Trust You

By Jay Stocker

I will, I will, I will, I will trust You

'Cause I know, I know, I know

You're gonna come through

Every step of the way

No matter what I face

I'm gonna say-ay-ay

I will, I will, I will, I will trust You

I will, I will, I will, I will trust You

'Cause I know, I know, I know

You're gonna come through

Every step of the way

No matter what I face

I'm gonna say-ay-ay

I will, I will, I will, I will trust You

Sometimes it's hard

To see what's coming next

I will trust You

But whatever it is

I know You'll see me through

I will trust You

I can't do this journey on my own

I will trust You

I need You, Lord,

To guide my steps

I put my faith in You

I will, I will, I will, I will trust You

'Cause I know, I know, I know

You're gonna come through

Every step of the way

No matter what I face

I'm gonna say-ay-ay

I will, I will, I will, I will trust You

Sometimes it's hard

To see what's coming next

I will trust You

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I know You'll see me through

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I will, I will, I will, I will trust You

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No matter what I face

I'm gonna say-ay-ay

I will, I will, I will, I will trust You

I will, I will, I will, I will trust You

'Cause I know, I know, I know

You're gonna come through

Every step of the way

No matter what I face

I'm gonna say-ay-ay

I will, I will, I will, I will trust You